

WEBINAR | THURSDAY, JUNE 20, 2019

# Adaptation towards low carbon resiliency in existing buildings



**Prism**  
ENGINEERING

# Welcome



## **Sarah Smith, Principal**

Sarah leads Prism's Sustainability Team and has been working with clients since 2010 to design and deliver sustainability staff engagement programs. With a background in behaviour and organizational change theory, volunteer management, social science research and program development, Sarah works with organizations to design and implement solutions that will enhance creativity, capacity and stewardship.

# Introductions

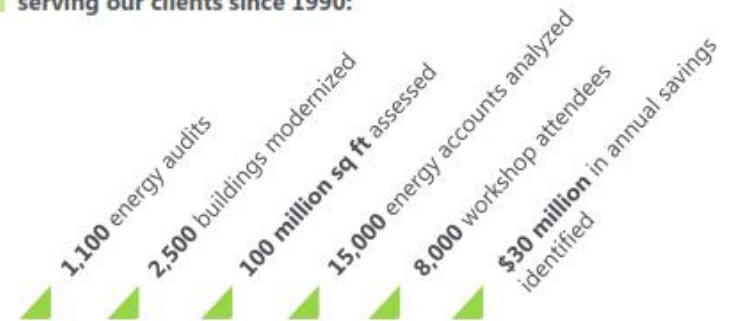


Prism Engineering provides consulting services to address technical, behavioural and organizational aspects of Energy Management

We design and implement cost effective approaches to address comfort, efficiency and reliability.

## Our Work By the Numbers

We've had the privilege of serving our clients since 1990:



# Introduction to your **Prism** Facilitator



**Ainaz Bozorgzadeh, P.Eng,** has a decade of experience working with organizations to better understand and effect change toward reducing their environmental impact, identifying low carbon resilient retrofits, and planning appropriate actions to meet their targets.

She currently leads climate change adaptation and greenhouse gas emission planning services at Prism.

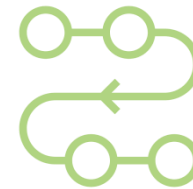
# Agenda

- Why is Adaptation Important?
- Defining Low Carbon Resiliency
- Where to Start
- Finding a Framework that suits you
- Case studies of past projects
- How we can help + wrap up
- Q&A



# Desired Webinar Outcomes

- Increase **understanding of the impacts** of climate change on existing buildings
- Increase appreciation for **importance of integrating climate adaptation** work as part of energy management planning
- **Motivate you to take action** towards adapting your facilities to be resilient in our changing climate

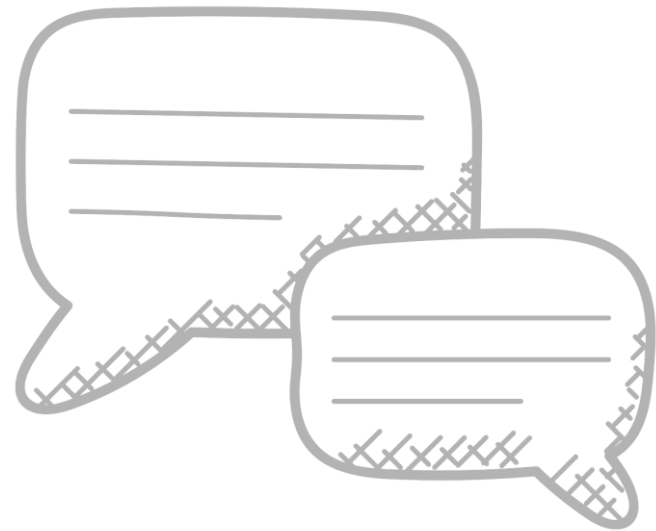


# Webinar Logistics

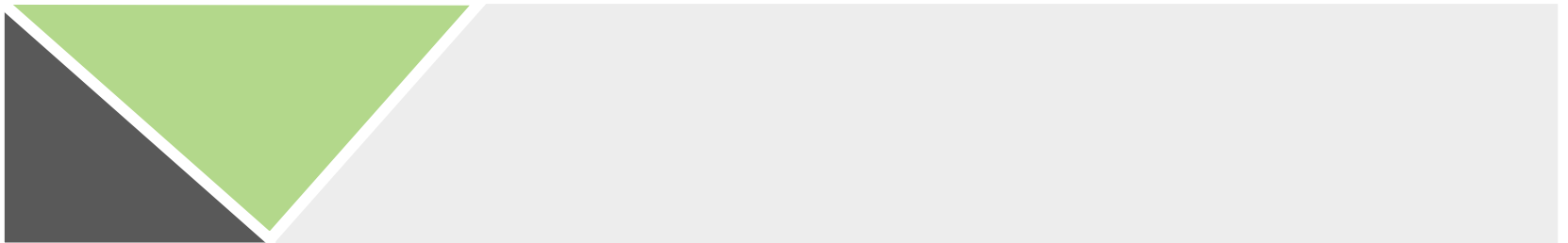
- We need your focus and attention throughout
- We will engage participants directly in the webinar
- Please ensure your phone is *muted* from background noise
- We will have a **Q&A** sessions at the end

# Chat box

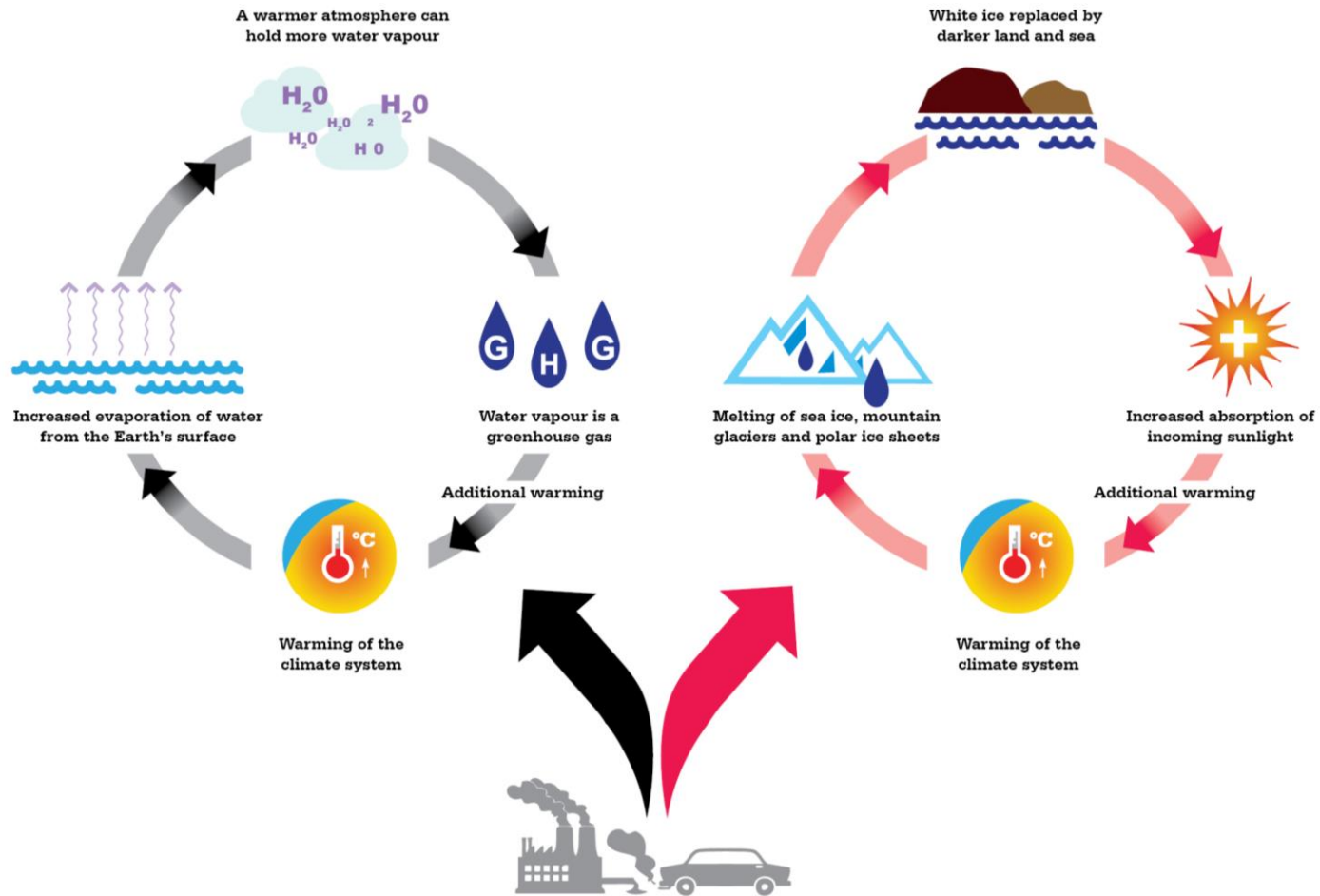
- Please enter your questions and comments throughout as they come up



# WHY IS ADAPTATION IMPORTANT

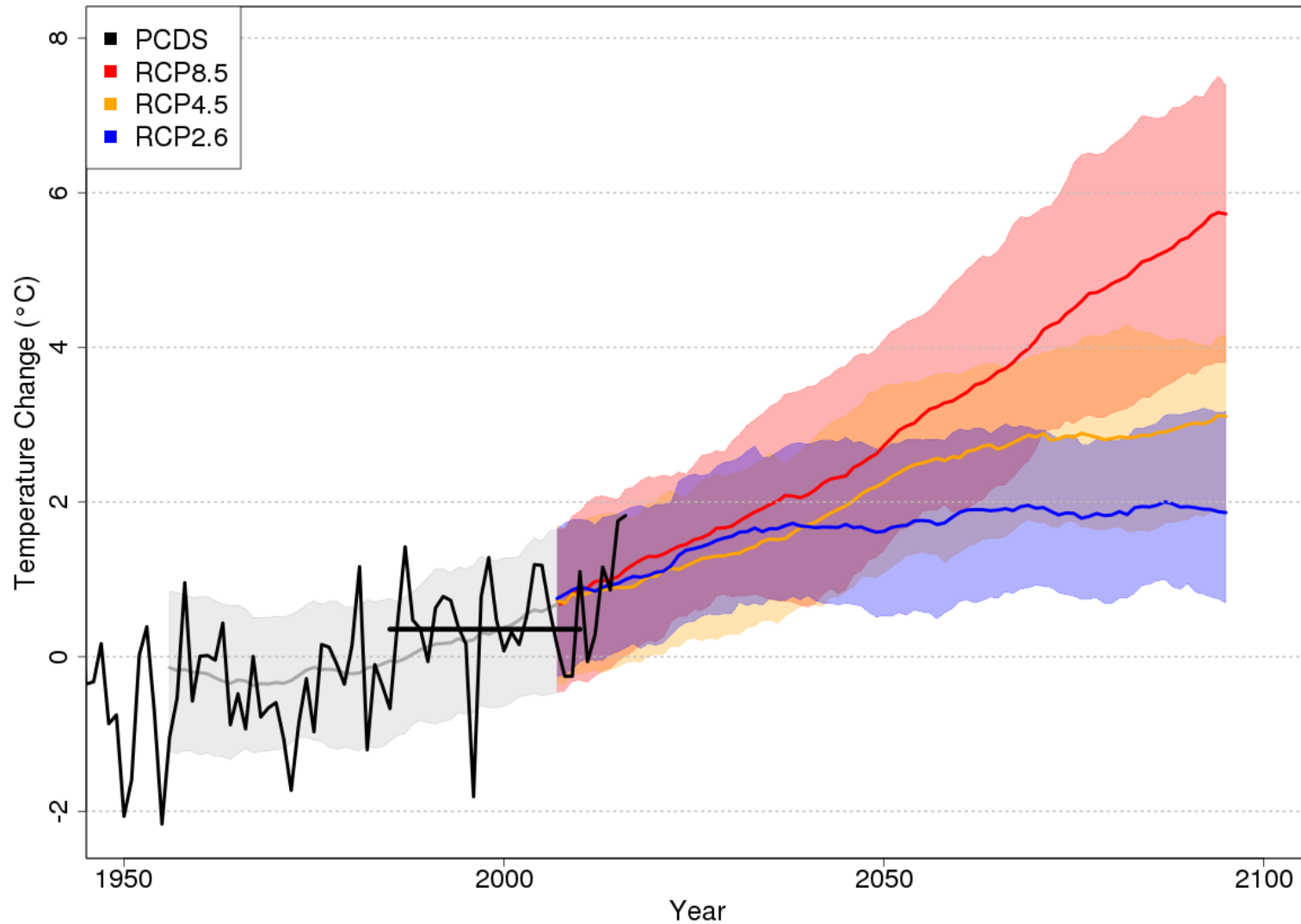


# Why this topic matters



Human emission of greenhouse gases leading to initial change to climate system

# Climate Scenarios in BC



# Weather vs. Climate

## WEATHER

*what you get*

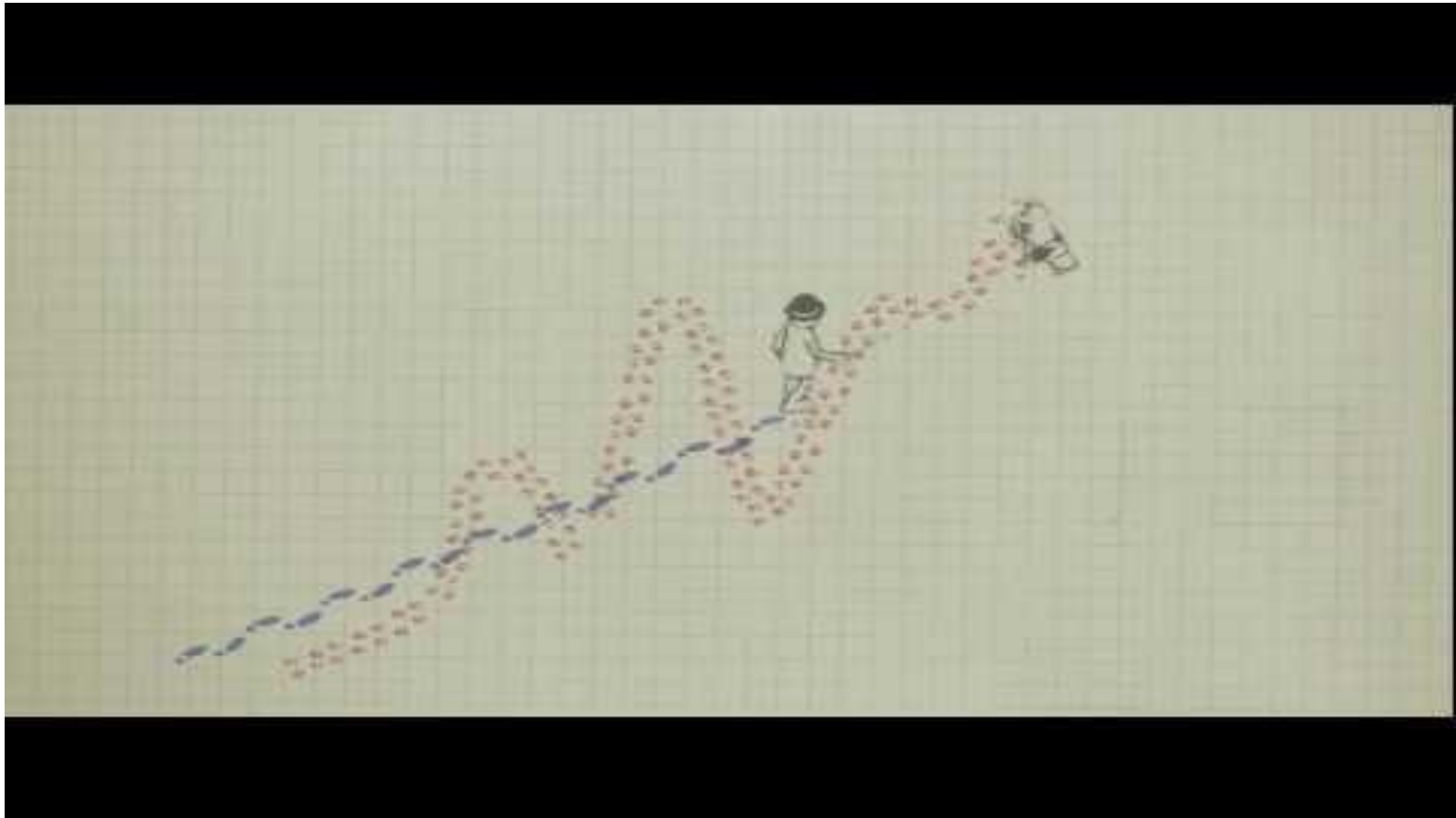
- Conditions that occur over the short-term and often vary

## CLIMATE

*what you expect*

- Long-term weather trends for a specific region (~30 years time spans)

# Trend vs. Variation



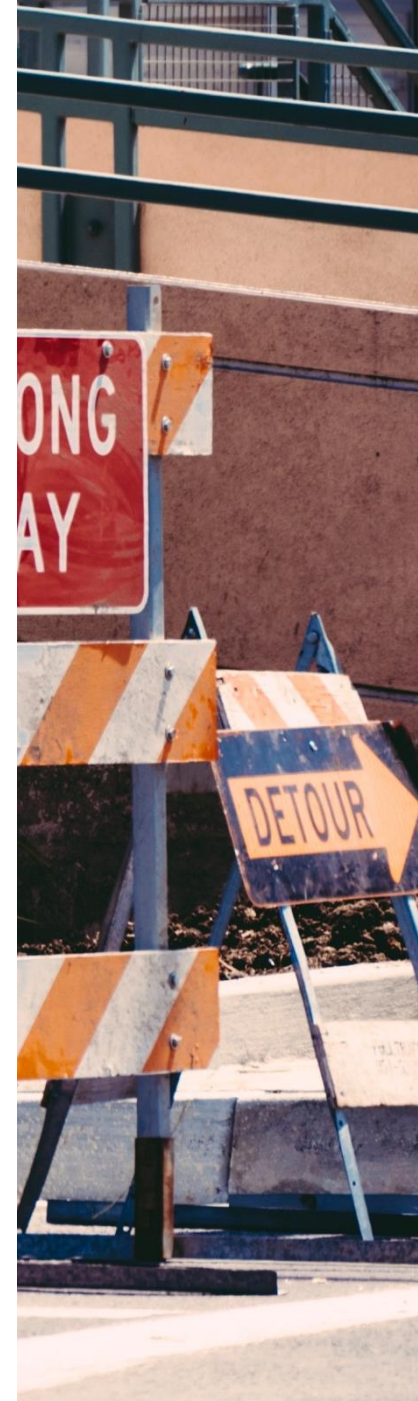
<https://youtu.be/e0vj-0imOLw>

# The impact on buildings: services

- Severe climate events, impose risks on the **infrastructure services**

Risks may not be directly on the facility, but may still impact the facility services:

energy supply | road access | clean water supply



# The impact on buildings: **comfort and safety**

- Occupants comfort and safety  
(staff, students, tenants, ...)



# The impact on buildings: business continuity

- Service provider accountability and revenue
  - private sector office landlord
  - insurance costs
  - etc.



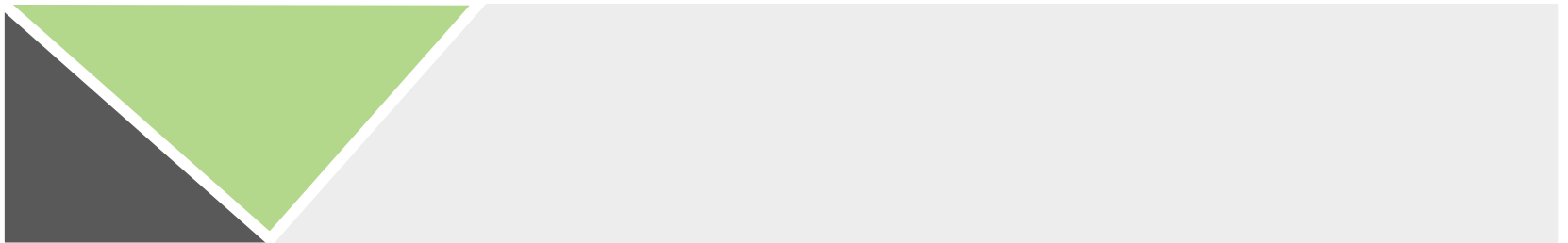
# Consider

How long is your most important building self-sufficient in an event of a climate emergency?



**MITIGATION + ADAPTATION**

**= LOW CARBON RESILIENCY**



# Mitigation

In context of buildings:

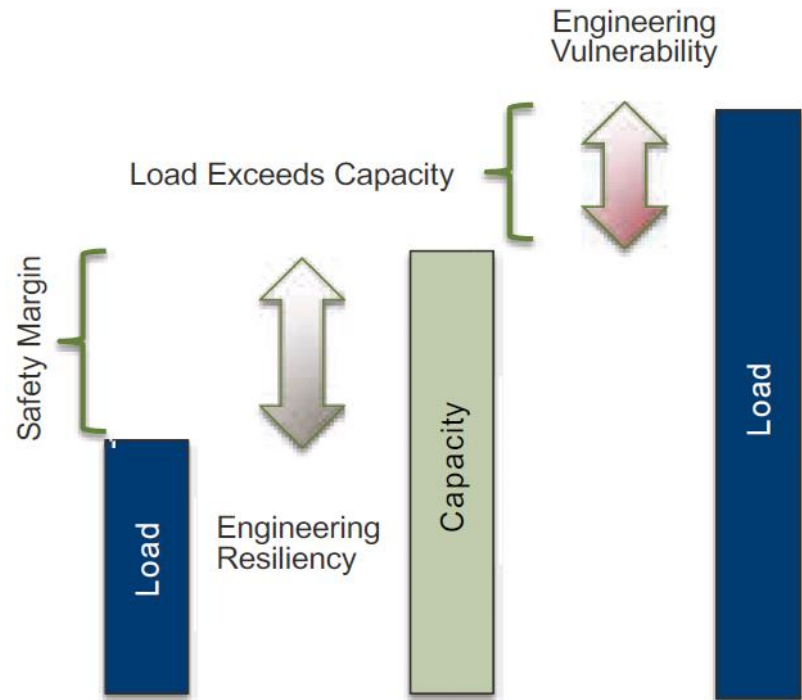
**Mitigation** involves modification of building systems to **reduce the building's environmental impact** by **lowering energy and water use**



# Adaptation

In context of buildings:

**Adaptation** involves modification of building systems to **address vulnerability to climate change** by **improving infrastructure resilience**





# Low Carbon Resiliency



- Reduced energy demand
- Controls



- Heat recovery
- Fuel source diversity



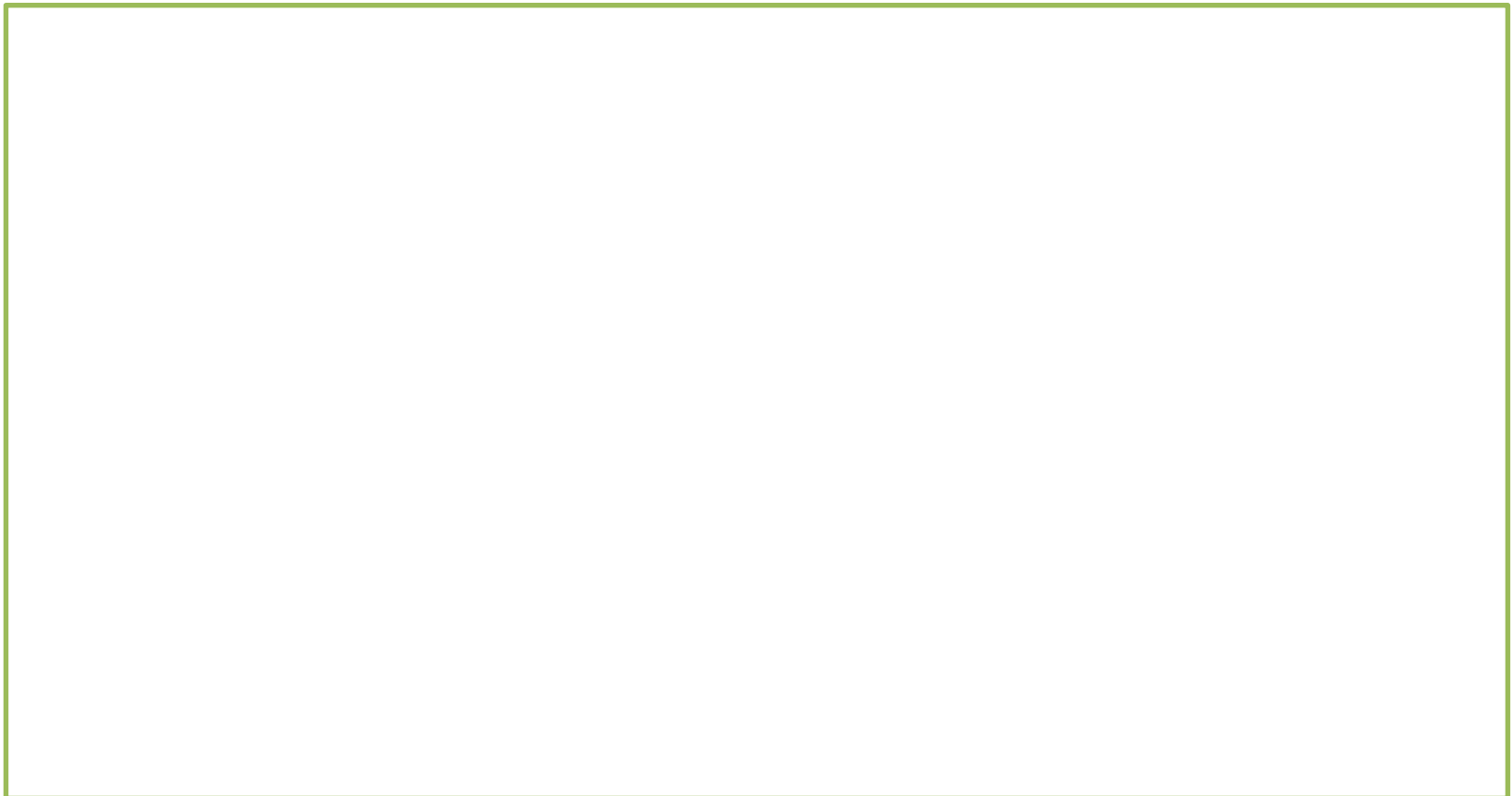
- Passive options
- Renewable options
- Etc.

# Poll Question

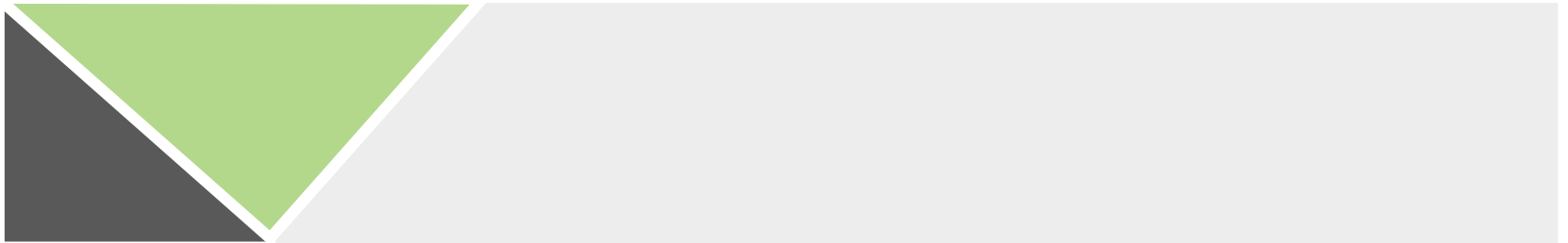
On scale of 1-10, how advanced is your organization in its planning efforts around adaptation?

*1 = just starting*

*5 = advanced (have a plan, have been conducting risk assessment on our facilities, etc)*



# WHERE TO START



# Starting the conversation in your organization

- Open with why this is important
- Emphasize what you've already achieved



# Where to get started

## Lay of the land



- Identify your **critical buildings**
  - any that are used in emergency services?
- Identify **key stakeholders** within your organization
  - asset planning
  - risk management
  - operations
- Start with a **training** if needed
  - shared language

# Where to get started

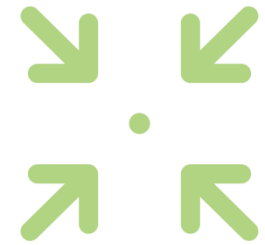
## Identify candidate buildings

- **Survey staff/occupants to learn where there are existing issues**
  - Over heating
  - Flooding
  - Other?
- **Pick the buildings which are already due for upgrades and conduct a risk assessment (PIEVC or similar)**



# Where to get started

## Narrow it down



- **Pick one area** in your facility to be resilient
  - community hall as cooling relief centre
  - community centre as fire smoke refuge

# A Collaborative Approach

- **Multidisciplinary Team**
  - Project Managers
  - Engineers
  - Climate Scientists
  - Operations Staff
  - Subject Matter Experts

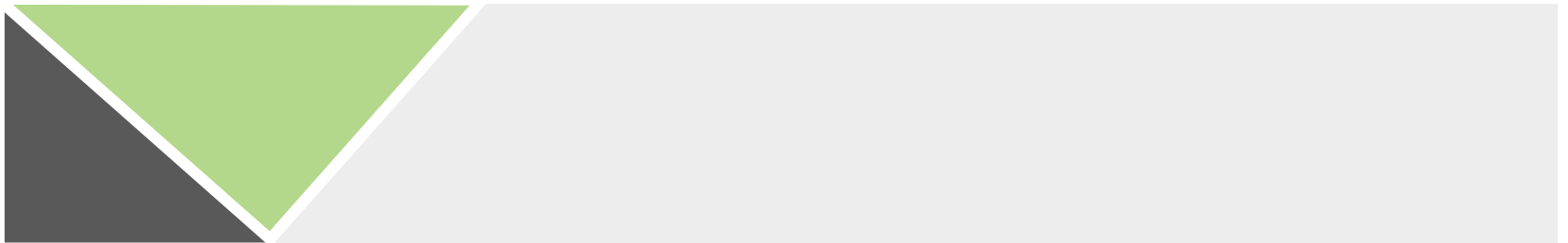


# Consider

What are the **barriers** in your organization for progressing your adaptation/resiliency of buildings?



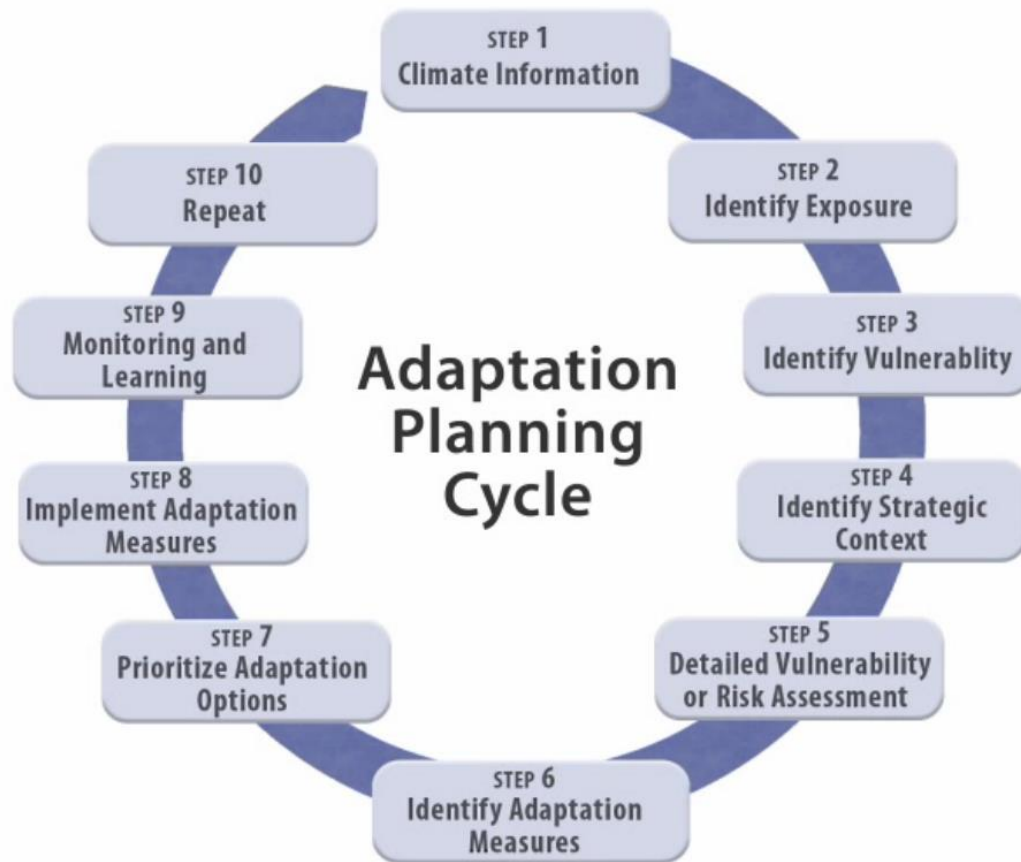
# FINDING A FRAMEWORK THAT SUITS YOU



# Types of Frameworks

- Building Level
- Organizational Level
- Both Organizational and Building Level

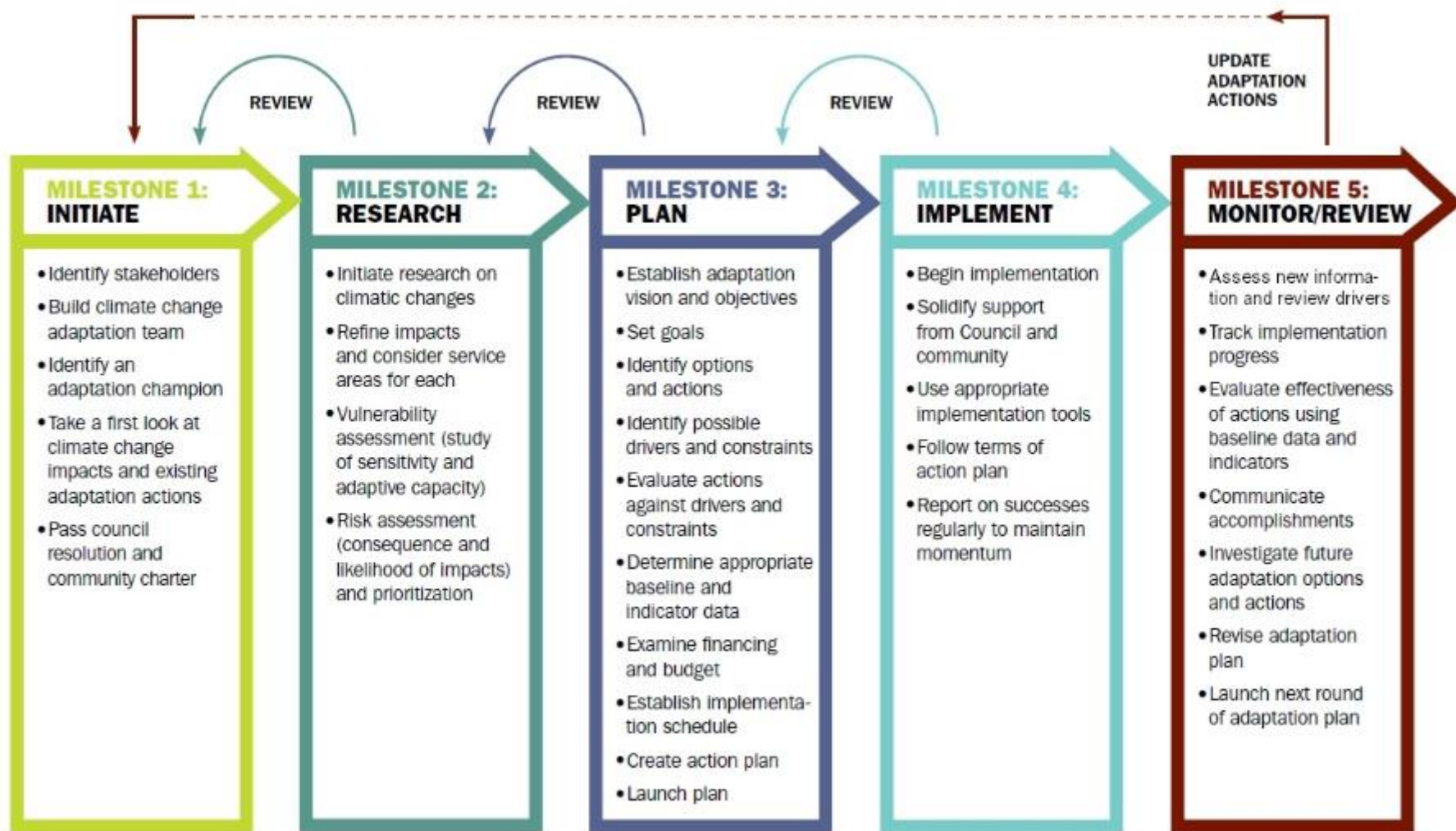
# Adaptation Planning Cycle



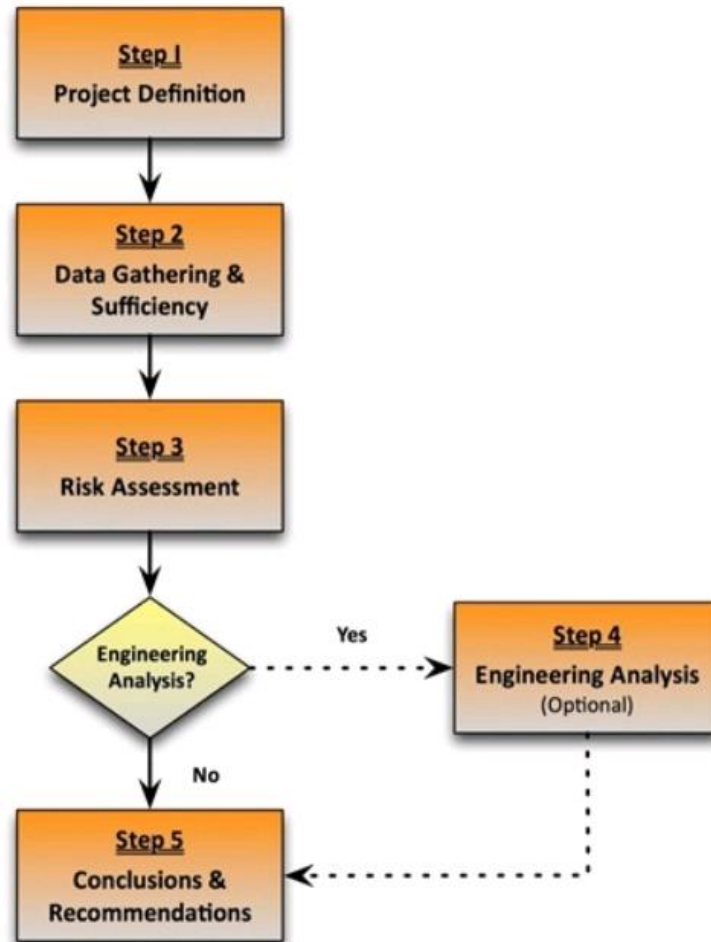
# Federation of Canadian Municipalities (FCM) Climate Adaptation Maturity Scale

Maturity level →	1		2		3		4		5	
	Concept Level		Preliminary Level		Implementation Level		Operational Level		Continuous Improvement Level	
	Working on Level 1 <input type="checkbox"/>	Completed on Level 1 <input type="checkbox"/>	Working on Level 2 <input type="checkbox"/>	Completed on Level 2 <input type="checkbox"/>	Working on Level 3 <input type="checkbox"/>	Completed on Level 3 <input type="checkbox"/>	Working on Level 4 <input type="checkbox"/>	Completed on Level 4 <input type="checkbox"/>	Working on Level 5 <input type="checkbox"/>	Completed on Level 5 <input type="checkbox"/>
	We have set expectations for our work on climate adaptation. We have the support we need to begin preparing a policy.		We have drafted a climate adaptation policy and have prepared strategic guidelines that will inform the development of an adaptation plan and other adaptation initiatives.		We have adopted our climate adaptation policy and are using it to guide our actions, and have drafted an adaptation plan. We have established performance measures to monitor progress.		We have a climate adaptation plan in place and are managing climate risks. We are using performance measures to track the progress and outcomes of our climate adaptation initiatives.		We are continually improving our understanding of climate risks and our approach to managing these risks.	

# Building Adaptive & Resilient Communities (BARC) Program



# Public Infrastructure Engineering Vulnerability Committee (PIEVC)



# BOMA Canada

## Climate Change Risk Assessment Tool

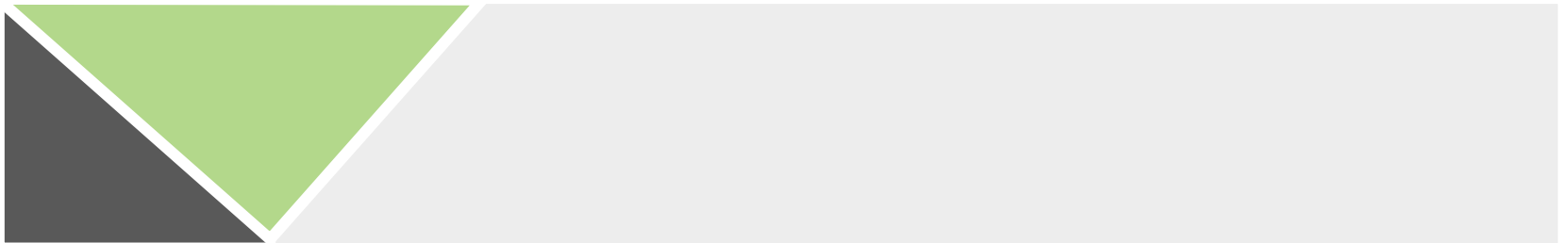
- **Spreadsheet tool for self assessment**

- HVAC
- Electrical
- Communications
- Backup Power
- Elevators
- Building Envelope
- Documentation
- Hazardous Material
- Flood Risk/Protection
- Snow & Ice
- Demand Response
- Travel and Shelter
- Risk Assessment
- Emergency Planning



<http://bomacanada.ca/resources/resilience-brief/>

# CASE STUDIES OF PAST PROJECTS



# High level assessment

## All facilities



Cooling Option	Applicability	Notes
Passive Cooling		
Window Film	Applicable to all window building archetypes	
Window Blinds	Applicable to all window building archetypes	to ensure
Mechanical Cooling		
Window Fan-Wall	Most easily applicable windows, although cut-out into floor	
Variable Refrigerant Flow(VRF)	Most easily applicable mid-rise buildings Difficulty for high-rise piping refrigerant to	

### Overheating Relief

Checklist for Building Managers | Hallways & Common Areas

Our climate in lower mainland is changing and we are experiencing hotter summers. This checklist is designed to help you manage peak issues in your building.

If the **hallways and common areas** in your building are over the following steps:

- Ensure the common area heating is disabled.
  - Thermostats are set accurately and respond
  - There are no passing valves in the system.
- Confirm building MUA fan and cooling, if applicable
- Confirm building MUA is on at night to accommodate
- Open operable windows on upper floor corridors to escape the building.
  - Windows on ground floors can remain closed security is not affected.

If these steps do not address the overheating issues, contact your Property Portfolio Manager or BC Housing Energy Management.

Contact your Property Portfolio Manager for more information on how to address overheating in your buildings.

### Overheating Relief

Checklist for Building Managers | Suites & Blinds

Our climate in lower mainland is changing and we are experiencing hotter summers. This checklist is designed to help you manage peak issues in your building.

If the **suites** in your building are overheating, spend the following steps:

- The heating in suite is off.
- The heating in adjacent suites is off, including unoccupied
- The suite has blinds on the windows.
  - Occupants are using their blinds to reduce solar heat gain.
    - Blinds on south-east facing units are closed mid-day
    - Blinds on south facing units are closed mid-day
    - Blinds on south-west facing units are closed late afternoon
  - Occupants are using their windows to effectively ventilate (Please keep safety in mind when making this recommendation)
    - Windows are open when outdoor air is cooler than indoor air
    - Opening windows at night will allow hot air to escape
    - Windows are closed when outdoor air is hotter than indoor air
    - A fan may be used to circulate air in the suite near an open window to cool the space as it circulates

If these steps do not address the overheating issues, contact your Property Portfolio Manager or BC Housing Energy Management.

### Staying Cool in your Space

BC Housing cares about your well-being. Our climate in lower mainland is changing and we are experiencing dryer hotter summers.

We are taking steps to address overheating in our buildings. Below are a few guidelines for you to keep your suite cool during hot weather months.

If you are feeling hot, try the following actions:

- Confirm the heating in your suite is off.
- Close the blinds if the sun is shining in through the windows to reduce heat gain. Here are a few tips for when to close your blinds:
  - For south east facing units, close your blinds in the late morning.
  - For south facing units, close your blinds mid-day.
  - For south west facing units, close your blinds in the late afternoon.
- Open your windows when the air outside feels cooler than your suite.
- Keep your windows closed when the air outside feels hotter than inside your suite.
- Use a fan to circulate air in the suite.
- Remember to drink enough water to avoid dehydration.
- Take a cool shower to reduce your body temperature.
- Find a cooler space outside of your suite, if possible.

If you are feeling unwell from overheating, call the BC Nurse Hotline at 811.

If overheating continues to be an ongoing issue in your suite, contact your Portfolio Project Manager.

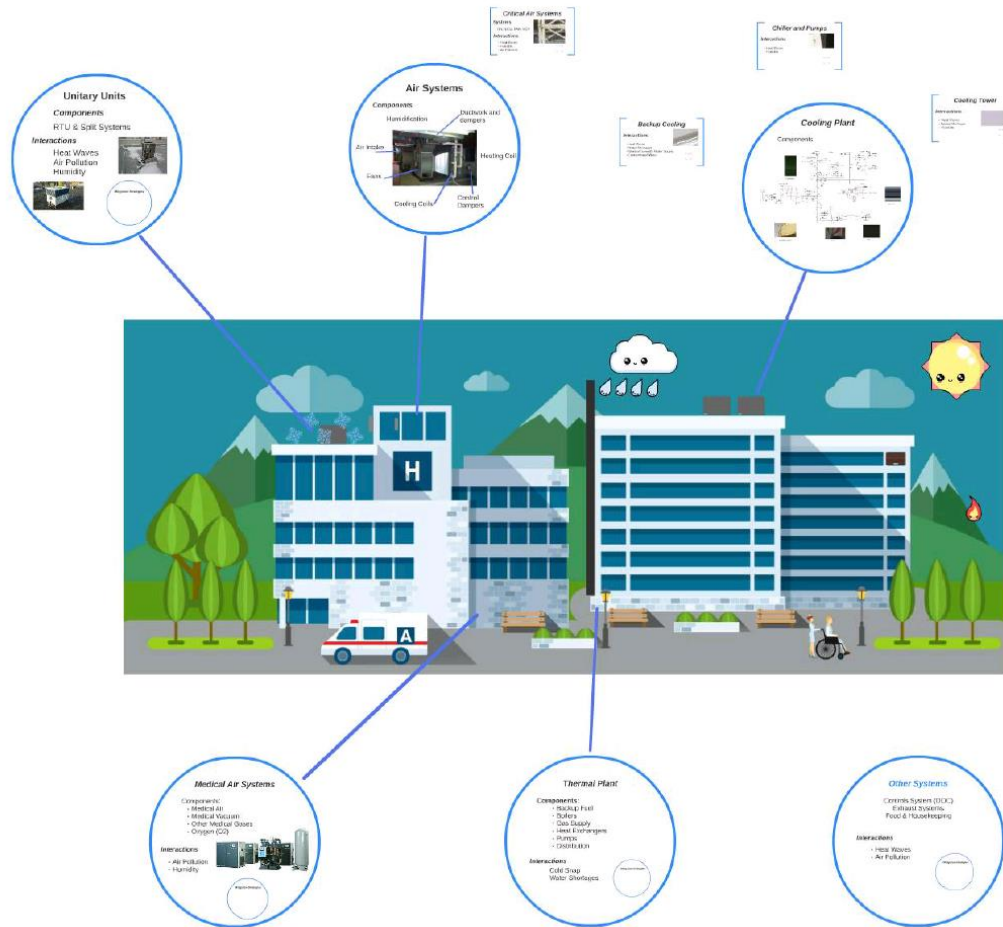
# Detailed assessment

## One location



# Detailed assessment

## One location



# Adaptation retrofit examples

- Install sensor to bring elevator above flood level
- Indoor and outdoor air quality monitoring
  - Forest fires
  - Extreme heat



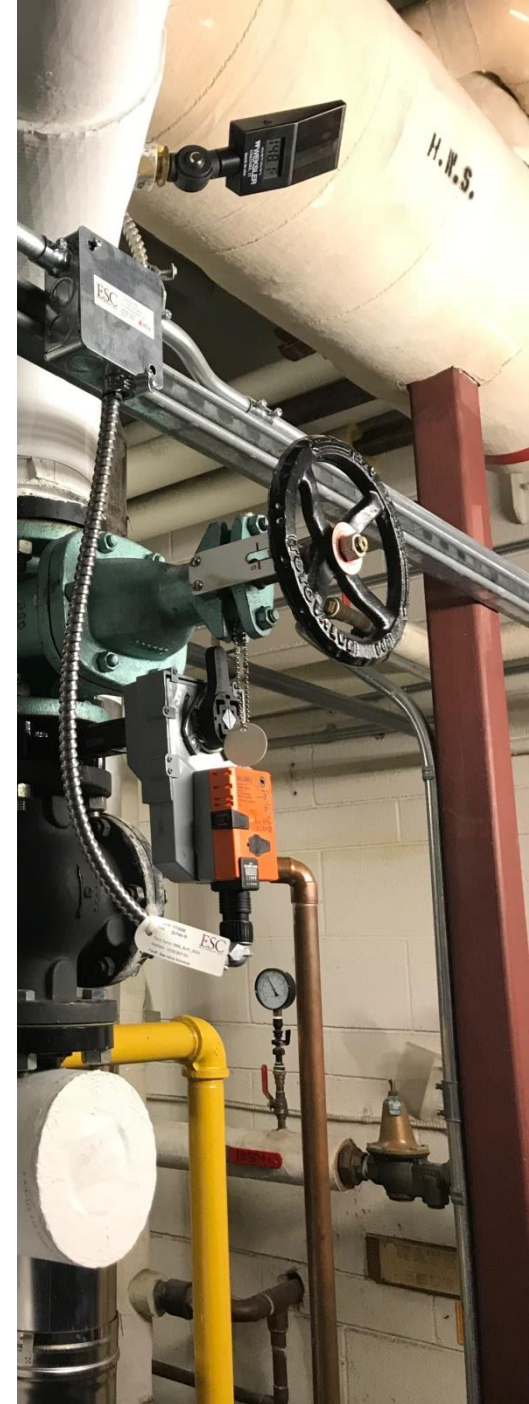
# Adaptation retrofit examples

- **Incorporate passive cooling**
  - window film
  - shading
- **Incorporate self sufficiency**
  - on-site energy generation/storage
  - heat recovery
  - water filtration

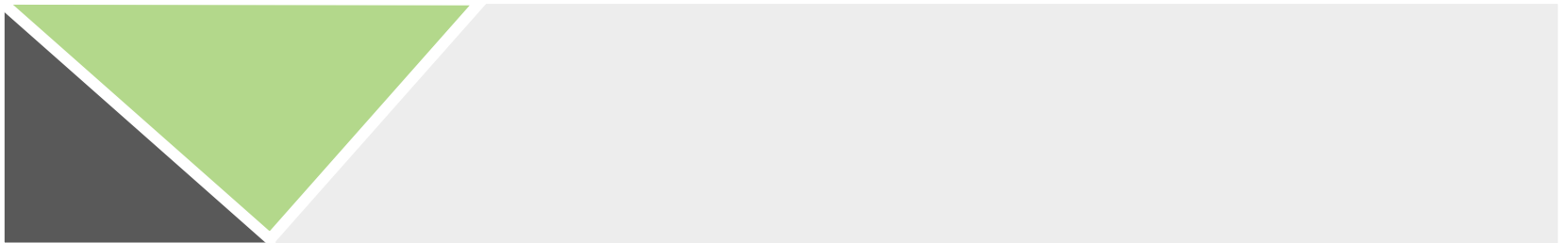


# Adaptation retrofit examples

- Move critical equipment and documentation above flood level (e.g. mechanical room location)
- Back up documentation off-site



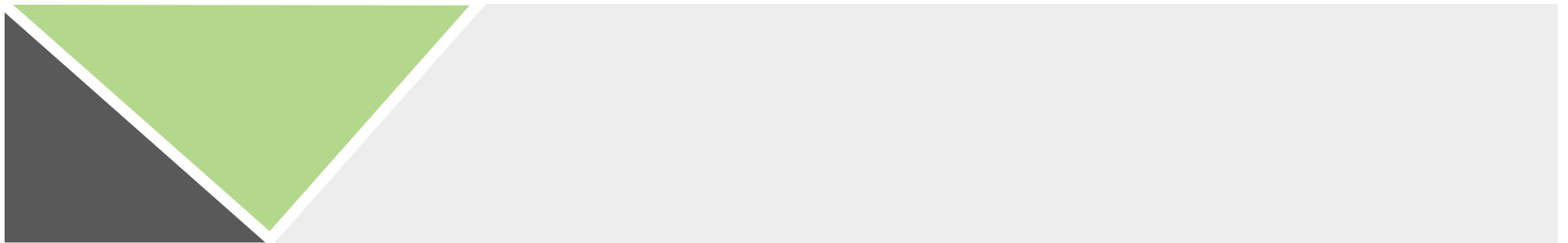
# HOW WE CAN HELP



# Adaptation: Prism Services

- Identify critical facilities and systems
- Conduct vulnerability risk assessment
- Implement capital upgrades
- Stakeholder engagement and facilitation
- Policies and plans
- Education and training

**WRAP UP**



# Recap

- **Mitigation** is about reducing environmental impact and **adaptation** is about building infrastructure resilience
- **Why adapt?** Impact on buildings' surrounding infrastructure services, comfort and safety, business continuity

*Find the right terminology for your audience to communicate why adaptation is important*

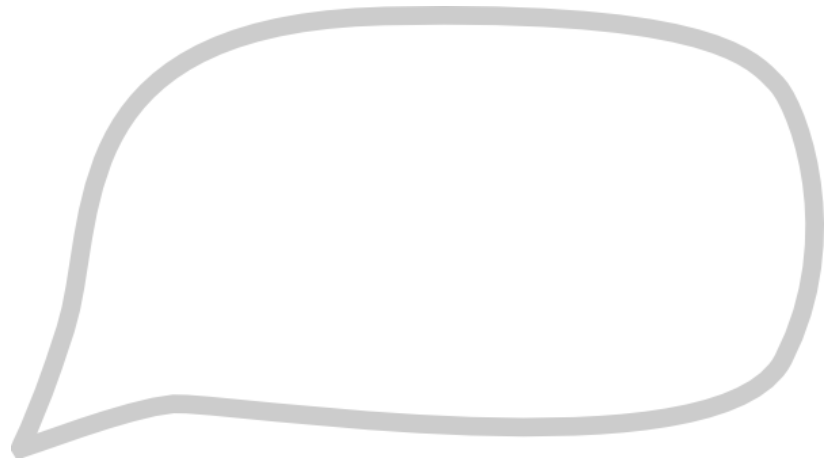
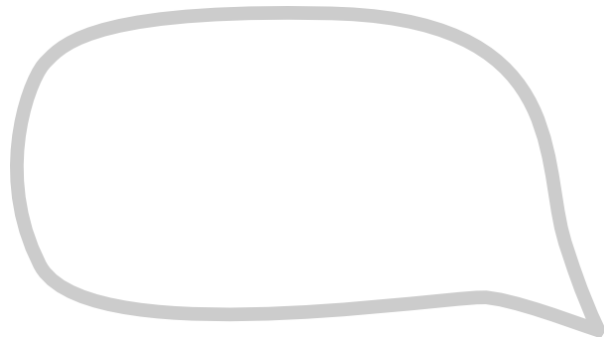
- **How to get started?** Figure out the of the land then narrow it down
- **Leverage frameworks and support:** Draw on existing tools and examples from case studies

# Resources:



- Canada Climate Atlas  
<https://climateatlas.ca/>
- BC Climate Projections  
<https://pacificclimate.org/data>
- For Municipalities  
<https://fcm.ca/home/issues/climate-change-and-resiliency/climate-change-adaptation.htm>  
<http://www.icleicanada.org/programs/adaptation/barc-network>
- For all Buildings  
[https://www.fraserbasin.bc.ca/ccaq\\_bcrac.html](https://www.fraserbasin.bc.ca/ccaq_bcrac.html)  
<https://www2.gov.bc.ca/gov/content/environment/climate-change/adaptation>
- Other Resources  
<http://ecocity2019.com/>  
<https://www.fraserbasin.bc.ca/AdaptationCanada2020.html>

# Q & A



# Thank you.

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